



Surgery Center , Outpatient and Hospital Preoperative and Surgical Instructions

Please report to the Admission's Office of _____ Hospital at _____ on _____ for your procedure which is scheduled at _____.

1. If at all possible, discontinue smoking or tobacco use for one week prior to surgery.
2. Maintain normal diet and activity until the night before surgery (nothing by mouth after midnight). If you have been put on a bowel prep and/or antibiotics prior to your surgery, be sure you adhere to these instructions.
3. Bring with you any medications that you are taking regularly so that these medicines can be maintained in their usual dose.
4. The risk of blood thinning agents or anticoagulants is significant. Please notify your surgeon if you take any medications containing aspirin, nonsteroidal anti-inflammatory agents, vitamin E, Plavix, or Coumadin or any other drug on the attached list. These medicines should be stopped 2 weeks before your surgery.
5. If you need anything for pain prior to your surgery, you may take the following:

plain Darvon	Tylenol
Datril	Extra Strength Tylenol
Datril 500	Lortab
6. Please discontinue any over-the-counter supplements 2 weeks before your surgery and for 4 weeks after the surgery. If your surgery is scheduled well in advance, discontinue any supplements for 2 weeks prior to the surgery.
7. Please remember not to eat or drink anything after midnight the night before your surgery.

If you have any questions please call our office at (205) 930-0920.

Anticoagulants

The following prescription drugs, over the counter medications and supplements contain anticoagulants which make it more difficult for your blood to clot when you bleed during a biopsy, office procedure or surgery. The instruction sheet for your procedure will tell you when to stop taking this medicine.

PRESCRIPTION MEDICATIONS – Always consult with your physician that prescribed the medicine before you stop taking it.

Anticoagulants

Acenocoumarin (nicoumalone)	Dicoumarol	Miradon (anisindione)
Acova (argatroban)	Fragmin (dalteparin)	Refludan (lepirudin)
Angiomax (bivalirudin)	Heparin	
Coumadin	Lovenox (enoxaparin)	

Antiplatelet Drugs

Aggrastat (tirofiban)	Flolan (epoprostenol)	Reopro (abciximab)
Aggrenox (ASA/extend release dipyridamole)	Integrilin (eptifibatide)	St. Joseph 81 mg
Agrylin (anagrelide)	Plavix (clopidogrel)	Ticlid (ticlopidine)
aspirin	Persantine (dipyridamole)	Ventavis inhalation
	Pletal (cilostazol)	

PRESCRIPTION PRODUCTS CONTAINING ASPIRIN, SALICYLATES AND/OR

SALICYLAMIDES – Always consult with your physician that prescribed the medicine before you stop taking it.

Ascriptin with Codeine tablets	Forte tablets	Pabalate-SF tablets
Axotal tablets	Lanorinal tablets	Percodan and Percodan demi tablets
Buff-A Comp tablets and capsules	Magan tablets	Robaxisal tablets
Buff-A Comp #3 tablets (with Codeine)	Magsal tablets	Synalgos-OC capsules
Easprin	Mammal capsules	Talwin compound tablets
Empirin with Codeine tablets	Micrainin tablets	Trilisate tablets and liquid
Equagesic tablets	Norbodin tablets	Zorprin tablets
Fiorinal tablets	Norgesic	
Fiorinal with Codeine	Oarvon with ASA pulvules	
	Oisalcid capsules	
	Oarvon compound pulvules	

PRESCRIPTION AND NONPRESCRIPTION PRODUCTS CONTAINING IBUPROFEN Always consult with your physician that prescribed the medicine before you stop taking it.

Aches-N-Pain	Haltran	Tromethamine
Advil	Ibuprin	Meclofenamate
Anaprox	Ibuprofen	Meclomen
Anaprox OS	Indameth	Medipren
Clinoril	Indocin	Midol 200
Feldene	Indo-Lemmon	Mefanamic acid
Fenoprofen	Indomethacin	Motrin
Fenoprofen calcium	Indomethacin SR	Nalfon
Flurbiprofen	Ketoprofen	Naprosyn
Genpril	Ketorolac	Naproxen

Nuprin
Oiclofenac sodium
Orudis
Pamprin IB
Pediaprofen

Proxicam
Rufen
Sodium
Solindac
Tolectin (any)

Tolmetin sodium
Toradol
Trendar
Voltaren

NONPRESCRIPTION DRUGS CONTAINING ASPIRIN, SALICYLATES AND/OR SALICYLAMIDE

4-Way cold tablets
Alka-Seltzer
Alka-Seltzer Plus cold medicine
Anacin tablets
Anodynoa tablets
Arthralge tablets
Arthropan liquid
Arthritis Strength Bufferin tablets
A.S.A. Enseals
Ascriptin tablets
Ascriptin A/D tablets
Ascriptin Extra-Strength tablets
Asperbuf tablets
Aspergum
Bayer Aspirin tablet (any kind)
BC tablet or powder
Buf Tabs
Buffaprin tablets

Bufferin tablets (any kind)
Buffets II tablets
Buffinol tablets
Buffinol Extra tablets
Cama Arthritis Strength tablets
Cope tablets
Cosprin tablets
CP 2 tablets
Dasin capsules
Doan's Pills
Duradyn tablets
Ecotrin tablets
Emagrin tablets
Empirin tablets
Excedrin tablets or capsules
Goody's powder
Measturin tablets
Midol caplets
Mobigesic tablets

Momentum tablets
Neocylate tablets
Pabalate
Pepto Bismol
Persistin tablets
S.A.G. tablets
St. Joseph children's aspirin
St. Joseph Cold tablets
Salacol tablets
Salato tablets
Stanback powder
Supac
Synalgos capsules
Trigesic
Uracel
Vanquish caplets
Verin tablets